



By initialing, I state that I've received verbal and written post-procedure instructions from the **House of Beauty by Francois**, understand them and agree to call with any questions or concerns. (609) 342-9866

Client Name _____ Initials _____ Date _____ Practitioner _____

| By Francois | Eyebrows | Lips | Eyeliner |
|--|---|--|---|
| WHAT TO EXPECT | Slight swelling with varying degrees of redness. Fairer complexions will tend to be more pink or red. | Day of procedure: Swelling may occur. An ice bag covered with paper towel can be applied for the first day and next morning. Lips tend to be very dry. | Various degrees of swelling may occur, generally for first few mornings. Sleep propped up or on your back to reduce swelling. A sealed ice bag covered with paper towel can be lightly applied for the first 2 days. If eyes are weeping or tearing, pat lightly to dry with soft tissue. DO NOT PRESS ICE BAG AGAINST EYES! |
| HOW TO CARE FOR YOUR PERMANENT MAKEUP | Day of procedure: Pat lightly to remove any fluid with soft tissue. Day 2: Wash brows lightly with warm water & mild soap using fingertips . Pat dry with soft cloth. Day 2 – 7: Continue to wash lightly as above. Apply a small amount of After Inked or grape seed oil 1x daily in A.M. using Q-tip. | Keep moist using Q-tip with Vaseline for 14 days. Very moist lipstick/lip gloss may be worn over a coat of Vaseline. Day 2: Wash lips with mild soap & water using fingertips. Rinse and pat lightly to dry. Apply thin layer of Vaseline. Day 3-6: Repeat washing & reapply Vaseline. Peeling will occur. DO NOT PEEL OFF! | Day of procedure & Day 2: Wash eyes with mild soap and water, using fingertips. Rinse well and lightly pat dry. Apply nothing. Day 3: Apply nothing. No need to wash unless lashes are stuck together. Day 4 -6: Apply nothing. Allow your eyeliner to dry heal. Should be no need to wash until healed. Then, resume regular routine. <u>Change your pillowcase, nightly.</u> |
| WHAT TO AVOID | Avoid placing your face directly into a shower & avoid: night creams, moisturizers, active skin creams, Retin-A, soaps, facial cleansers, on pigmented area. Avoid direct sunlight while healing. Avoid picking or scratching brows while healing. | Avoid extended wear lipsticks or plumping gloss. Avoid teeth bleaching for a minimum of 3 weeks. Avoid drinking any beverages without a straw. | Avoid: eye creams, Latisse & lash growth products, moisturizers, Retin-A, lash tinting, lash extensions and false lashes for 2-wks following procedures. Avoid high sodium foods (for at least the first 3 days). |
| WHAT TO NOTICE | Infections are extremely rare, however, if red ring appears around your brows, seek medical attention. Brows may weep for first few days so <u>change your pillowcase, nightly.</u> | Lips may weep first few days, <u>change your pillowcase, nightly.</u> Lips tend to fade 60% and color can hide for a 4-week period before resurfacing. | YOUR EYEBALL SHOULD NOT BECOME MORE RED! You must seek medical attention immediately if you see signs of bloodshot eyes or pus in the corners of your eye/eyes. This may be an infection, requiring a physician and prescribed medication. |

******* At first sign of infection, we advise you to consult your physician. *******

FOLLOW FOR ALL PROCEDURES: A touch-up procedure is often required.

- Avoid makeup, Retin-A & glycolic acids on pigmented areas while healing.
- Avoid touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas. Once healed, use a good sunscreen daily.
- Avoid swimming pools, oceans, hot tubs, saunas and hot steamy showers. Shower with back to shower head to avoid water, shampoo /conditioner getting into pigmented area.
- Avoid dirt (as in gardening), extreme perspiration (the gym) for the first week to prevent possible infection.
- Don't be alarmed if pigment comes off onto Q-tip when applying aftercare ointments.
- Don't be alarmed by fading after first application. Final color can't be judged until 2 weeks post procedure.
- Never use topical antibiotics unless given to you at time of your procedure, with specific instructions.
- If planning a chemical peel, MRI or other medical procedure, please notify technician you have iron-oxide cosmetic tattoo.
- If planning to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
- If donating blood, it's a Red Cross policy to wait one year after any tattooing procedure.